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Newsletter : August 2025

HALF-DAY RYLA ON RAINWATER HARVESTING AT GOVT. HIGHER SECONDARY SCHOOL, SANHOG



Rotary Club Shimla successfully organized a Half-Day RYLA on the theme of Rainwater Harvesting at Government Higher Secondary School, Sanhog.

A live demonstration showcased how rainwater can be collected and utilized efficiently. The waste water pipe from the school's rooftop was connected to a 500-litre tank donated by Rotary Club Shimla. This tank has been further equipped with an outlet, allowing students to use the stored rainwater for gardening and toilet cleaning, thereby creating a real-time model of conservation in action.

The entire preparation for erecting the tank stand, painting it, and making the system operational took about a week's time, with dedicated efforts from the Rotary team and local support. The process itself served as a learning model for school authorities and students alike. To further engage the students:

- A painting competition was conducted on the same theme.
- Winners were awarded medals, and all participants received RYLA certificates.
- A quiz on the uses of water, waterborne diseases, and conservation tips added a fun and educational element to the day.

The mid-day meal was served to all students, generously sponsored for the event. Rotarians also interacted with the children, emphasizing the importance of preserving water for future generations and how small efforts can lead to big changes.

This initiative marks a step forward in creating water-wise citizens and promoting environmental consciousness at the grassroots level.

Committee Chair
PP Rtn. Sachin Verma

SOUND HEALING SESSION AT HIMACHAL HOSPITAL OF MENTAL HEALTH AND REHABILITATION, BOILEAUGANJ



In its ongoing efforts to promote holistic mental wellness, Rotary Club Shimla organised a deeply transformative Sound Healing Session at the Himachal Hospital of Mental Health and Rehabilitation, Boileauganj. Led by certified sound healing therapist Ms. Ruchika Aneja, the session featured the use of therapeutic singing bowls, gongs, chimes, and other vibrational healing instruments.

These sounds, rooted in ancient practices, are known to calm the nervous system, reduce anxiety, and restore emotional balance. Over 20 inmates took part in the

experience. For many, it was a first encounter with this unique form of therapy-ushering them into a rare state of deep relaxation, stillness and inner peace. Participants were visibly more relaxed, grounded and centered by the end of the session. Rotary Club Shimla remains committed to introducing innovative wellness practices, supporting mental health, and bringing dignity and care to every life touched.

Post the sound healing session, several meaningful service initiatives were also carried out at the Mental Health Hospital and Rehabilitation Centre.

TREE PLANTATION DRIVE AT JAKHOO TEMPLE – SMRITI VAN



On a serene Sunday, Rotary Club Shimla successfully conducted a Tree Plantation Drive at Smriti Van, behind the divine statue of Lord Hanuman Ji at Jakhoo Temple, bringing together the community for a cause deeply rooted in environmental consciousness and sustainability.

This green initiative saw enthusiastic participation from Rotary families, including Rotaractors from Government Degree College Sanjauli and JUIT and Interactors from Bishop Cotton School. Members of the Inner Wheel Club Shimla also joined hands in this noble effort.

To effectively manage and engage the large gathering, the plantation activity was thoughtfully bifurcated across three separate hill slopes: One designated area for Rotaractors, One for Interactors, and One for Rotarians and families.

The event turned into a beautiful blend of purpose and joy, as children, families and volunteers came together amidst nature, planting 100 saplings that symbolise growth, hope and a greener tomorrow. We extend our heartfelt thanks to all members who joined in such large numbers, making this project a true collective success.

Adding warmth to the occasion, all participants were treated to a hearty and traditional Kangri Dhaam lunch, which was relished by everyone under the canopy of trees.

Certificates of participation were distributed to all Rotaractors, Interactors, and Rotarian children, applauding their commitment to preserving nature.

*Committee Chair
PP Rtn. Dr. KK Jain*

BLOOD DONATION CAMP



On the occasion of 79th Independence Day of India Rotary Club Shimla successfully organized a Blood Donation Camp at Rotary Town Hall, collecting 52 units of blood. The event saw enthusiastic participation from Rotarians, Rotary partners, children and 20 Rotaractors from all Rotaract clubs of RCS. To mark the spirit of patriotism,

national flags were pinned on members in celebration of the 79th Independence Day. Lunch for Rotarians and volunteers was sponsored by Rotary Club Shimla. The club extends heartfelt thanks to Dr. Kanchan and the Blood Bank team of KNH doctors for their dedicated service.

*Committee Chair
PDG Rtn. VP Kalta*

CHESS PATHSHALA (HEADING MEI ADD A PROJECT UNDER RL MANCHANDA ENDOWMENT FUND)



Rotary Club Shimla Launches Chess Pathshala-A project Under the RL Manchanda Endowment Fund Rotary Club Shimla proudly launched the Chess Pathshala today at Rotary Town Hall under the RL Manchanda Endowment Fund. A total of 20 children have registered for the weekly classes. The inaugural session was highly interactive and

engaging with children gaining valuable technical knowledge of chess through the use of laptop and projector. This initiative aims to keep children constructively engaged away from social media, while fostering strategic thinking, skill development, concentration and brain development.

*Committee Chair
PP Rtn. Manmohan Manchanda*

ROTARY CLUB SHIMLA SIGNS UP A NEW INTERACT & ROTARACT CLUBS

Rotary Club Shimla proudly announces the formation of new Interact Clubs at some of the prestigious Schools at Shimla, reinforcing its ongoing commitment to nurturing youth leadership and community service.

This collaboration with Shimla's most esteemed educational institutions marks a significant step towards engaging students in purposeful service projects and leadership

initiatives. The Schools where the Interact Clubs are being installed are:-

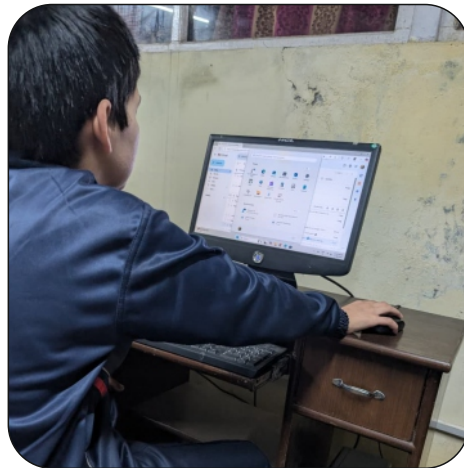
1. Dayanand Public School, Shimla.
2. Shimla Public School, Shimla.
3. GSSS Lalpani, Shimla
4. Auckland House School for Boys, Shimla.
5. Govt. College of Excellence, Sanjauli

*Committee Chair
PP Rtn Sachin Verma*

THE CHARTER INSTALLATION CEREMONY OF THE INTERACT CLUB OF DAYANAND PUBLIC SCHOOL



E-LEARNING PATHSHALA AT SARVODAYA BAAL ASHRAM UNDER R.L. MANCHANDA ENDOWMENT FUND



Rotary Club Shimla launched Computer Classes at Sarvodaya Bal Ashram under the R.L. Manchanda Endowment Fund. These weekly classes aim to equip 30 orphan children with essential computer skills, enabling them to become proficient by the end of the year. This

initiative reflects Rotary's commitment to empowering underprivileged children through digital literacy and education. Rotary Club Shimla has proudly involved Rtr. Hemant from Rotaract club at GDC to conduct computer classes at this orphanage.

Committee Chair
PP Rtn. Manmohan Manchanda

ROTARY CLUB SHIMLA GOES ON AIR – SHARING 66 YEARS OF SERVICE



Rotary Club Shimla proudly undertook a unique initiative with a special radio broadcast on Radio Orange FM 106.4, aired on 10th August on the popular show Sunday Café with RJ Sandy. During the session, members of Rotary Club Shimla shared the inspiring journey of the Club and highlighted the unique projects and impactful initiatives that have contributed to the upliftment of society in its running

67th year. From humanitarian services to community development, education to health care, Rotary Club Shimla's commitment to service above self was brought to the airwaves, reaching a wide audience across the region. This broadcast not only celebrated the Club's legacy but also encouraged more citizens to join hands in making a difference.

THE SHIMLA HEARTLINE PROJECT



Under The Shimla Heartline Project, Rotary Club Shimla continues its noble initiative of providing free heart surgeries to underprivileged children below the age of 16.

The beneficiary is Ishaan Thapan, a 9-year-old boy from Kupvi, Chaupal District of Himachal Pradesh, who was diagnosed with a hole in the heart along with entangled nerves. His surgery was successfully conducted on 14th

August 2025 at IGMSC Shimla. He is now recovering well under expert medical care.

The surgery was carried out under the able guidance of Committee Chair Rtn. Dr. Sudhir Mehta, HOD CTVS at IGMSC. Rotary Club Shimla remains committed to supporting such life-saving interventions and extending a new lease of life to children in need.

*Committee Chair
Rtn Dr. Sudhir Mehta*

MEMORIES CAPTURED THROUGH THE LENSES



Rotary Club Shimla celebrated The World Photography Day with the students of Photography Club at Bishop Cotton School. The session began with an engaging power point presentation by Mr. Vikram, Director of Timba Films, Mr. Varun and Mr. Prashant all accomplished professional photographers.

They explained the types of lenses and cameras, evolution of photography, types of compositions, landscape photography, lighting and apertures. Students went around the school campus to complete the assigned photography

tasks to test their understanding of technical as well as creative aspects.

The beautifully clicked pictures by students were later reviewed where the professionals gave detailed feedback. Certificates of Participation and chocolates were distributed to all participants and mementoes were presented to the professional photographers for their valuable guidance and contribution.

SENIOR CITIZENS DAY CELEBRATION AT VRIDH ASHRAM, BASANTPUR- A RURAL HOME



On the occasion of Senior Citizens Day, Rotary Club Shimla visited Vridh Ashram, Basantpur to spend quality time with the residents and bring moments of joy to their lives.

The Ashram currently houses around 50 inmates, of whom nearly 30-35 are physically disabled and 3 are visually impaired. Most of them are homeless with no dependents, and the presence of Rotarians was a source of happiness and warmth for them. Lunch and sweets were lovingly served to

all the residents, courtesy of Rotary Club Shimla. Fruits were distributed sponsored by IPP Rtn Er. Saurabh Raj Sood.

Bedsheets were donated, which were arranged through Rtn Raunak Goel at a subsidised cost. The inmates were extremely happy and thankful on receiving fresh bedsheets.

TEXTILE WASTE REDUCTION



Rotary Club Shimla took another significant step towards environmental sustainability by dispatching leftover cloth from its Rotary Cloth Bank for recycling to Respun-A recycling company based at Panipat. A total of 16 cartons weighing 354 KG, including 4 cartons contributed by PP Rtn. Umesh Akre, were sent to Respun- a recycling company in Panipat, As part of this new initiative, the recycled output from an earlier lot has been received in the

form of floor pads, which will soon be donated to children at various orphanages. This innovative approach not only reduces textile waste but also ensures that recycled material is put to meaningful use in society. Rotary Club Shimla continues to work towards building a greener and more sustainable future, while also supporting the underprivileged.

*Committee Chair
PP Rtn. Ajit Butail*

DISTRIBUTION OF KANGAROO MOTHER CARE BABY BAGS

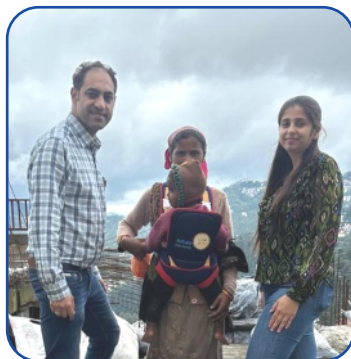
DISTRIBUTION OF KANGAROO BABY BAGS AT KNH



Rotary Club Shimla distributed Kangaroo Baby Care Bags in the Pre- and Post-Natal Wards of KNH, benefiting 10 mothers. Along with the bags, nutritious daliya packets

were also provided to support maternal and child health. Special thanks to Rotary partner Dr. Nishi Sood and the ward sisters for their valuable support in this initiative.

DISTRIBUTION OF KANGAROO BABY BAGS TO WOMEN LABOURERS



During a spontaneous drive through the city, Rotary Club Shimla identified 10 women labourers carrying their small children while working in tough conditions. In a compassionate gesture, the club distributed Kangaroo Baby

Bags to support these mothers. The baby bags provided both comfort and ease, making it safer and more manageable for the mothers to carry their infants.

*Committee Chair
PP Rtn. Amit Pal Sood*

SCHOOL BAGS DISTRIBUTION UNDER DISTRICT BANNER NANHE DEEPAK



Under the District Banner Nanhe Deepak, Rotary Club Shimla continued its commitment to supporting education by distributing the last lot of school bags today at Government Primary School, Dadni Ka Bagicha. The children at this school were in genuine need of school bags.

Most of them had been carrying torn bags and with the ongoing rainy weather, their books were getting spoiled. The distribution of 21 new school bags not only brought relief but also smiles and joy to the faces of the children.

*Committee Chair
PP Rtn. Padam Sood*

DISTRIBUTION OF TRACK SUITS TO NEEDY STUDENTS



On the request of the Principal of Government Primary School, Dadani ka Bagicha, Rotary Club Shimla reached out to support the children studying there. The school was in extremely pitiable condition - the roofs were leaking, the classrooms lack basic facilities and the children did not even have proper uniforms to wear. Understanding the urgent

need, 25 tracksuits were distributed to the students. These children, most of whom belong to labour-class families, were happy and grateful to receive the new clothes. The tracksuits were provided by PP Rtn Padam Sood at a subsidised cost and the remaining amount as a courtesy gesture from him.

*Committee Chair
PP Rtn. Padam Sood*

NATIONAL SPORTS DAY-SELF DEFENCE WORKSHOP FOR GIRLS

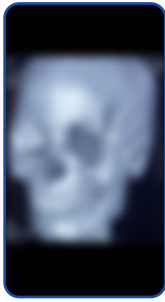
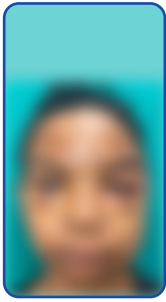


National Sports Day was celebrated with great enthusiasm at Government Girls Senior Secondary School, Lakkar Bazar, with the participation of over 220 girls. The day was marked with fun-filled sports events including spoon race, balloon race, single-leg race, sack race, volleyball match and tug of war, which brought out the energy and sportsman spirit of the students. Along with the sporting activities, a special self-defence workshop was organized, highlighting the importance of safety and empowerment for girls. Karate

black belt expert Miss Muskaan demonstrated various techniques of self-defence and inspired the students to stay confident and alert. On this occasion, mementoes were presented to Principal Mrs. Suman Machhan and Miss Muskaan by the Rotary Club of Shimla as a token of appreciation. The event concluded with refreshments served to all students, courtesy Rotary Club Shimla, making the celebration memorable and meaningful.

*Committee Chair
PP Rtn. Amit Pal Sood*

CLUBS UNITE FOR GOOD CRITICAL MEDICAL ASSISTANCE TO A NEEDY TRIBAL YOUTH



Three Clubs of Shimla Rotary Club Shimla , Innerwheel Club Shimla and Rotary Club Shimla Hill queens joined hands in a United effort to save a child from losing his eyesight- Partap, a 16-year-old boy from Village Plingi, District Kinnaur admitted to HP Government Dental College & Hospital, Deptt of Oral and Maxillofacial Surgery, who had fallen from a height of about 25 feet while riding his bicycle. A fracture in the left cheekbone and surrounding area (orbito-zygomatico-maxillary) was

reported and a delay in treatment would have caused a loss of complete vision in the left eye.

An urgent surgery was performed by Dr. Munish Sahore, assisted by Rtr Hemang Vaidya of GDC. The BPL family did not have any source of income , the mother being a daily labourer wage earner. A cheque amounting to Rs.24,000 collected jointly had been handed over to the patient's mother at Rotary Town Hall.

ANNAPURNA



Rotary Club Shimla conducted Annapurna on 5th Aug25 at Almighty Langar hall IGM. Annapurna was courtesy Rtn. Shamsheer Dogra and family. Innumerable needy were served food, one more step towards humanity.

*Committee Chair
PP Rtn. RK Khosla*

WEEKLY HEALTH CARE INITIATIVE BY ROTARY CLUB SHIMLA



As an on going health care initiative, Rotary Club Shimla in collaboration with Parth Diagnostics Lab conducted Free Testing of Sugar, Blood pressure and Blood collection at Rotary Town Hall.

Reports would also be given on the same day. This facility will go a long way in providing diagnostic assistance for the needy who can avail this facility every Saturday.

ORAL HYGIENE PLEDGE DAY



Oral Hygiene Pledge Day was observed by Rotary Club Shimla. Awareness Session on Oral Cancer and VELScope usage was conducted. Rotary Club Shimla marked Oral Hygiene Pledge Day with an impactful awareness session focused on oral cancer prevention and the importance of early detection.

The session was led by Rtn. Dr. Ashu Gupta, Principal, Government Dental College, Shimla, and Dr. Guruprasad, who shared valuable insights on the early signs, causes, and

precautions related to oral cancer. They also explained the usage and benefits of the VELScope device, donated by Rotary Club Shimla two years ago, which plays a vital role in the early detection of oral pre-cancerous lesions.

Around 25 members of the club were sensitized during the session and took a pledge to maintain good oral hygiene and actively promote oral health awareness in the community. This initiative reinforces Rotary Club Shimla's commitment to preventive healthcare and public awareness.

PUBLIC IMAGE & MEMBERSHIP DEVELOPMENT SEMINAR "VISTAR": DEHRADUN



District Officers and members of Rotary Club Shimla attended the District Seminar on Public Image & Membership Development "VISTAR" at Dehradun on 31st Aug'25. A very fruitful interaction was held with Office bearers of various clubs of the District 3080. Members present were PDG Rtn. V.P. Kalta, AG Rtn. Manu Aggarwal, President Rtn. Karan Bamba, PP Rtn. Parikshat Mehdudia, PP Rtn. Rohit Karol, PP Rtn. Sachin Verma, PP Rtn. Amit Pal Sood, PE Rtn. Arjun Goel, Secretary Dr. Sundeep Sauhta and Rtn. Karan Sharma.

*Committee Chair
PP Rtn. Dr. Deepak Sood*

PROJECTS EXCLUSIVELY HANDLED BY ROTARY PARTNERS

Rtn. SHALINI PRAKASH
DG Partner

SONAL AGGARWAL
AG Partner

Rtn. ANKITA BAMBA
President Partner

SHIVANI SAUHTA
Secretary Partner

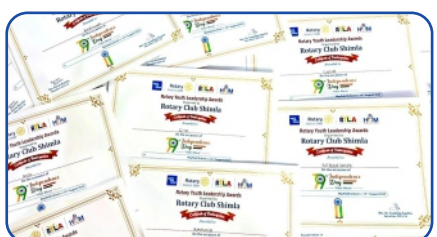
PLASTIC WASTE REDUCTION-THE MILK BAG PROJECT



Rotary Club Shimla Partners collected a total of 1560 washed and dried milk bags which were successfully handed over to MC Shimla as part of our continued commitment to sustainability and plastic waste reduction. A big thanks to all the

members who took the time and effort to wash and dry the packets so diligently. Your contribution is deeply appreciated. Let's continue working together for a cleaner and greener Shimla.

HALF-DAY RYLA - INDEPENDENCE DAY SPECIAL



Rotary Partners celebrated Independence Day at Mayfield Govt. School, Fingask with a memorable Half-Day RYLA based on the theme of India-A land of Unity in Diversity. The event began with the hoisting of the National Flag, followed by everyone singing the National Anthem with pride.

Talk on India's Independence history was delivered and explanation on the importance and use of bookmarks was explained. Dance competition on patriotic songs of various religions was held with children performing in beautiful costumes. A skit based on religion disparities was highly encouraged

followed by the singing of the National Song "Vande Matram". Specially designed tri-coloured bookmarks with the Rotary logo, stationery sets, juices and chocolates were distributed to children. Books were also donated to the school library. RYLA certificates were presented to all participants. The School Principal also sang a patriotic song during the closing ceremony, adding a special charm. Inspired by the children's enthusiasm, Rotary Partners also joined in the dancing, making the day even more joyful. A celebration filled with patriotism, learning and smiles.

PROJECTS EXCLUSIVELY HANDLED BY ROTARY PARTNERS

CELEBRATING SENIOR CITIZENS DAY



Rotary Partners of RC Shimla Celebrated Senior Citizens Day at Rotary Townhall, Shimla. The focus of the celebration was on the unsung heroes of our homes – elderly domestic helps, drivers and support staff who are senior citizens and have served families with dedication all their lives. They were warmly welcomed with a traditional tikka ceremony and honoured with warm winter scarves-

a small gesture to make them feel loved. The afternoon was filled with joy and togetherness as senior citizens participated enthusiastically in fun-filled activities such as Tambola, Dance, Songs, Lucky Draws, and Passing the Parcel. The event concluded with a delightful Hi-Tea served to all present.

CELEBRATING BIRTHDAYS AT BAL ASHRAM

Rotary Partners Successfully Celebrated Birthdays at Bal Ashram. Rotary Partners successfully celebrated the birthdays of 3 children at Bal Ashram. A joyful cake-cutting ceremony was held, after which chocolates were distributed among the children.

Gifts were presented to the birthday children of this month, making their day truly memorable.



PP Rtn. AMIT PAL SOOD

A group of approximately 15 men are seated around a long, rectangular table in a well-lit meeting room. The men are dressed in a mix of casual and semi-formal attire, including sweaters, button-down shirts, and a traditional Sikh turban. The table is set with white plates, glasses of water, and small water bottles. The room features white walls, framed artwork, and a large potted plant in the background. The atmosphere appears to be a formal or semi-formal gathering.

BIRTHDAY & ANNIVERSARY GREETINGS

Rotary Club Shimla wishes all members who celebrated their Birthdays & Anniversaries in the Month



Happy Birthday

Rtn. Sidhanth Bali
Rtn. Adv. Sanjeev Sood
Rtn. Navpreet Singh
Rtn. Saurabh K Kapoor
PDG Rtn. V.P. Kalta

PP Rtn. Ashish Malhotra
Rtn. Balween Khanna
Rtn. Surinder Paul Bamba
Rtn. Er. Chetan Sharma
Rtn. Nikhil Bhagra

Rtn. Varun Bamba
Rtn. Rajat Kapoor
Rtn. Neeraj Sood

Happy Anniversary

PP Rtn. CA Rohit Karol & Surbhi Karol
Rtn. Saurabh Malhotra & Dr. Ruchi Malhotra



ROTARY KNOWLEDGE CORNER

Rotary Trivia Questions:



Question: Which room no. of the old Unity building at Chicago, was the birthplace of Rotary and hold a very special significance?

Answer: 711

Question: 1st RC of India ?

Answer: RC Kolkatta-1920.

Question: Which year marks 100th anniversary of Rotary ?

Answer: 2005.

Question: Full form of RISA O ?

Answer: Rotary International South Asia Office.

Question: Charter date of RCS ?

Answer: 16th Dec 1959.

Question: 1st Indian President of RI ?

Answer: Nitish Laharry.

Question: Which Rotary initiative focuses on the eradication of polio worldwide ?

Answer: Polioplus.

Question: What is the highest award given by RI ?

Answer: The Rotary Service Above Self Award.

Question: Name the largest Rotary district in India ?

Answer: District 3201 – 176 clubs – Kerala.



Winners:

**PDG Rtn. VP Kalta, PP Rtn. Parikshit Mehdudia,
PP Rtn. Ashish Malhotra, PP Rtn. Sachin Verma,
PP Rtn. Amit Pal Sood, IPP Rtn. Er. Saurabh Raj Sood**

MEDIA COVERAGE



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Club Shimla



We are Rotary Club Shimla Family